Energy Efficient Wireless Networking of Sensor Nodes
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Abstract:
Wireless sensor networks have paved the way to a new era in user applications, where information
can be sensed, processed, and distributed from remote environments with minimal or no human
interaction. As the sensor nodes in these networks are often battery-operated and communicate
wirelessly, they are constrained by limited resources such as bandwidth, processing speed and
especially by energy. Therefore, depending on the user application, different challenges are
encountered for the realization of wireless sensor networks. In this paper, we will present several real-
life applications along with the challenges encountered and benefits provided by the networking of the
sensors for these applications.

Key words: Sensor networks, wireless networking, Internet of Things, energy-efficient networking,
smart cities.

Introduction
As the sensors are being incorporated into
more and more applications every day, the
dissemination of the sensory data wirelessly is
becoming the de-facto standard for these
applications. In this paper, we present several
studies carried out by the Wireless Networks
Group of Universitat Politecnica de Catalunya
that investigates wireless networking of sensor
nodes for different applications, by pointing out
the challenges and benefits of the use of such
networks in the corresponding applications.

One challenge of sensor networks is to achieve
energy-efficient communication, which is
necessary to reduce the maintenance cost and
to extend the lifetime of the battery powered
sensor networks. Moreover, for mains-powered
sensor systems, energy efficiency in
communication enables significant reductions in
the total electricity need, which is important for
the scalability of such systems. For example, in
the user applications, such as those related to
the smart cities, a profuse of sensor nodes will
be in use. A small amount of improvement in
energy consumption will result in high energy
 savings, overall.

Wake-up Radio based Sensor
Communication for Smart City Applications
The low-power working modes of the recent
radio chips enable current consumptions in the
order of µA. These low-power modes can be
exploited by employing duty-cycles, where the
device’s radio and microprocessor periodically
switch from the active mode to low-power
states, where the radio is turned off and the
microprocessor functionalities are limited. Even
though the duty-cycle strategy achieves a
remarkable improvement in terms of energy
consumption, devices still have to monitor the
communication channel regularly for data
destined to them, which often results in idle
listening, where the devices listen to the
channel although there is no communication in
the channel or in overhearing, where the
devices listen to the communication that is not
destined to them. However, both
aforementioned situations result in energy
waste, which is an important issue for energy-
constrained devices such as sensor nodes.
Another disadvantage of using duty-cycled
operation is the sleeping delay, which is the
time between the transmitting node has data to
send to a receiver node and the instance the
receiver node wakes up and starts listening to
the channel.

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A promising alternative approach for low-power wireless communications is Wake-up Radio (WuR), which enables a pure asynchronous, on-demand communication mechanism, while providing an approach that can drastically reduce the aforementioned types of energy wastes. By attaching a secondary ultra-low power receiver to a wireless device, the main MCU can be switched to its lowest power mode and the transceiver can be turned off completely. They are activated only when required by an interrupt generated due to a special Radio Frequency (RF) signal sent from another node. With such a radio-triggered circuit, nodes stay asleep until their intervention is really required.

The SµA-WuRx (Sub-1µA WuR receiver) [1] developed by our group implements a simple 868MHz wake-up circuit composed of an impedance matching network and a rectifier for this purpose. Because the collected RF energy at the antenna is very weak, a multistage voltage multiplier (VM) schema is employed. After several microseconds, such signal is suitable to be employed as an interruption in an input pin of a microcontroller. A digital comparator is placed at the end of the schema, being the only active component in the system, with a current consumption of 350nA. The comparator’s threshold voltage is extracted from the voltage divider, which in turn consumes 526nA. This WuR solution is observed to achieve wake-up activations as far as 13.5 meters with generic 868 MHz RF transmitters. Fig. 1 depicts the WuR receiver developed and attached to a WSN mote developed within our group [3].

The picture shown in Fig. 2 depicts the public bus equipped with a WuTx, which is used to collect the sensory information all along its route. Fig. 3, on the other hand, illustrates the sensory data collected from a sensor on its route. One challenge of such applications is the speed of the mobile collector, which is tackled by putting the sensors to the points where the mobile is expected to stop or slow down.

Such a WuR-based smart city solutions can also be interesting to complement traditional networks (based on IEEE802.15.4 or Wi-Fi) to
cover areas where coverage is not available or not profitable to have, or temporarily used while an infrastructure is being set up. It is also possible to propose a hybrid solution between M2M technologies for isolated sensors and / or those requiring a quick response, combined with the DTN.

**Sensor Network for Train Vibration Monitoring**

An interesting application that incorporates sensors and their networking is the train vibration monitoring application. The target of this application is to monitor if any train component is producing a highly irregular vibration which would indicate an early warning for a much bigger problem. Fig. 4 illustrates an example layout of the system. There are four different parts in the developed system:

1) A wireless sensor network (WSN), which acquires temperature and vibration data from train wheels and gearbox and transmits this information through a multihop trunk wireless network to a central gateway board. A sensor gateway acts as a bridge between the sensor network and the gateway board.

2) A gateway board, which manages the configuration of the sensor network and data acquisition process. It also processes received data, calculates the Fast Fourier Transform of received vibration data, generates real time alarms when it is required, compresses and stores data, and sends it to a remote central receiver via UMTS, GPRS or WiFi depending on which network is available.

3) A central server, which compresses received data and stores it into a database. It also manages alarms generated in the gateway board and calculates Fast Fourier Transform in the user side.

4) A server that allows the visualization and recovery of data from the database via a web interface.

From the battery data collected by the system, we can estimate the evolution of the battery in the nodes and their lifetime. There were three nodes transmitting in the gearbox (nodes 10, 12 and 13). Data only was collected when the train (and consequently) the sensor boards, were supplied. Hence, the periods without data correspond to periods when the train was not powered up. Although the manufacturer warns that nodes can stop working when their battery is lower than 2.7 volts for the employed nodes with 3V batteries, we obtained data from periods where the voltage was lower.

Some test results are shown in Fig. 5. The temperature and the battery level data were generated every minute, and the vibration data was sent each time the train speed is above a specific speed. Battery evolution of node 12 can be considered typical: voltage begins to decrease slowly but when it reaches a threshold, it decreases quicker. Node 10 stops to work earlier than the others. Node 13 presents too many fluctuations. Its battery evolution is not as expected and fluctuates heavily. Its battery was depleted at the end of third day.

Other challenges also accompany such applications. For example, in order to be sure that this sensor network system would not interfere on already installed train systems, we measured the radio spectrum generated by the sensor network using a spectrum analyser. The main conclusion was that power level generated by the sensor network is very low, and is kept inside the margins established by IEEE 802.15.4 standard [4] on the ISM band of 2.4GHz. The values measured lead to the conclusion that this interference is even less harmful than the interference produced by other common technologies such as Wi-Fi or Bluetooth, since IEEE 802.15.4 occupies less bandwidth and uses lower transmission powers.

On the other hand, in order to characterize the scenario for which the sensor network is intended, we measured the radio spectrum generated by the train systems, or produced by other wireless devices that could affect sensor’s...
transmissions. Those measurements led us to the conclusion that during the train’s journey, the 2.4GHz ISM band is utilized by other systems, mainly due to passenger’s wireless devices (Wi-Fi, Bluetooth, etc.). Moreover, we found out that when the train is moving, the interference observed is higher than the case when the train engines are on, yet the train is not moving. This resulted in changes in the topology of the sensor network during train’s move, and higher packet drop ratios.

However, the developed system is shown to be stable and persistent, and achieves the objectives of the targeted application. This system is up and running in more than 40 trains as of end of 2012.

**Sensor Network for Bicycle Race Positioning Application**

This project targeted a real-time and distributed tracking system of the location of people or objects involved (for example, participants in a bike race), so that this information can be used in representation and visualization of the events. For such applications, the following objectives should be met: Accuracy, small footprint and light weight product, the lack of need for additional infrastructure.

The following positioning system allows real-time location of people or objects with an accuracy significantly better than the GPS system with a refresh rate of the location information of 1 second. This system is based on the communication between various network elements and which are presented in the following architecture.

Node locators are used to locate people or objects. They communicate with each other through an IEEE 802.15.4 radio interface. Each of them has an absolute GPS location and providing an ultrasound system for determining relative distances to other network devices. Each locator device is associated with a gateway.

The system also includes gateway devices which have a GPS, an IEEE 802.15.4 module and 3G connectivity. Each gateway is able to collect data from up to 40 devices and transmits them to a remote server that acts as data manager. On the other hand, data management system consists of a central server connected to the Internet. Positioning data from participants are received, processed and stored to be consulted during the visual representation of the event in this system.

The message exchange protocol between different parts of the system is as follows:

- Nodes periodically update their location based on their GPS receiver (absolute location) and radio messages that are synchronized with ultrasound pulses to its neighbors (nodes up to a distance of 5 meters) can estimate how far away they are.

- Gateways periodically request location information (absolute position and distance to neighboring nodes) from the nodes. This information is received via the interface and forwarded to the IEEE 802.15.4 centralized management system interface for GPRS / UMTS.

- The data management system processes the location information and provides an estimate of position of all participants is stored in the database.

An important challenge in this system is to have a small footprint and lightweight solution that provides all the functionalities needed, such as GPS reception, IEEE 802.15.4 communication, ultrasound sensors, and a rechargeable battery. We could fit within a 200 grams final product shown in Fig. 7, a rechargeable Li-On Polymer 3.7 V battery, ultrasound sensors of 5 m range, an IEEE 802.15.4 module, a GPS module, and voltage divider for different components of the system.

The ultrasound transmitter modulates the 40 kHz pulse generated by the microprocessor. This pulse has a duration of 500 microseconds and is synchronized with a radio signal. The
receiving device is able to determine its distance from the transmitter device by calculating the time difference between the two signals. The ultrasound transmitter circuit can operate with 3.3 to 15 volts, while feeding finally has been decided to be twice the battery voltage (i.e., ~7V), thereby achieving a balance between consumption and range. It was also decided to use directional transmitters (three per node and pointing in different directions, covering more than 180°), because for the same signal level, the range is much higher than the omnidirectional transmitters which is insufficient to meet the application requirements. The physical tests in the laboratory have shown an accuracy of up to 2-3 cm, whereas further field tests revealed an accuracy of up to 10 cm with these ultrasound sensors.

The GPS module used is fed with 3.3 V and accessed through UART interface. Its current consumption is found to be 23 mA. The overall system has a battery life of 8 hours.

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