Novel biosensors based on screen printed electrode supported with RuO2@graphene nanoribbons composite: NADH and ethanol sensing

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Abstract:
In this work we proposed electrochemical ethanol and NADH biosensor based on screen printed electrode modified with RuO2@graphene nanoribbons composite. Additionally, surface was modified with alcohol dehydrogenase for the preparation of amperometric biosensor for ethanol analysis. Used material was synthesized and characterized using several microstructural (scanning electron microscopy, FTIR, XRD) and electrochemical techniques (CV, EIS). Electrochemical response of tested analyte was investigated as a function of important parameters such as pH, applied working potential, electrode preparation. Under optimal conditions working linear range and limit of detection for ethanol sensing was found to be 1-1800 µM and 0.52 µM, respectively. Moreover, effect of some possible interfering compounds was investigated and developed procedure was tested for application in real samples.

Key words: ethanol biosensor; screen printed electrode; graphene nanoribbons, alcohol dehydrogenase;

Introduction
In the last few decades, significant efforts have been made to develop various biosensors for the detection of numerous biological compounds such as ethanol, glucose, amino acids [1]. Also, many of these compounds can be quantified with several methods, including chromatography and spectrophotometry, greatest concern is dedicated to electrochemical biosensors. Electrochemical biosensors are preferable due to their low-cost, ease of manipulate, relatively fast response times and small size. Carbon nano-materials, such as SWCNT, MWCNT, graphene and recently graphene nanoribbons, are very popular in biosensing as they have several good properties such as high surface area, acceptable biocompatibility, chemical and electrochemical stability and good electrical conductivity [2].

Experimental
Synthesis nanomaterial
In order to get RuO2-GNR/SPCE working electrode, firstly we perform synthesis of RuO2/GNR composite, following the procedure described in literature [3]. Briefly, 5 mg of graphene nanoribbons were suspended in 10 ml of ultra-pure water and this mixture was sonicated for 1 hour. Then, in this suspension 311 mg of RuCl3·xH2O was added, with continuous stirring. Potassium hydroxide (0.1M) was used during stirring in order to obtain pH values at 7. After 12h, solution was centrifuged and washed three times with ultra-pure water and one time with ethanol. Prior use, GNR-RuO2 particles was dried, dissolved in DMF (concentration of solution was 5 mg/ml) and sonicated for 3 hours. After this period, 5 µL of obtained composite were deposit on SPCE electrode and allowed to dry at room temperature. In described way, we have obtained GNR-RuO2/SPCE modified electrode.
Results and discussion

Electrochemical characterization of modified electrode was performed in 5 mM [Fe(CN)₆]⁴⁻/³⁻ prepared in 0.1M phosphate buffer solution (pH 7.50) with a scan rate of 50 mV/s. Obtained voltammograms are present at Figure 1. As can be seen, with SPCE as working electrode, neither oxidation or reduction peak do not appear. In case of all others examined electrodes, both peaks were present. The highest current and the best peak shape was obtained using RuO₂-GNR/SPCE electrode, which confirm that nanoparticles of RuO₂ in cooperation with GNR, significantly improve the characteristics of bare electrode. SEM image of synthesized material was given in Figure 2.

![Fig. 1. Cyclic voltammograms performed in 5 mM [Fe(CN)₆]⁴⁻/³⁻ prepared in 0.1M phosphate buffer solution (pH 7.50) with SPCE, GNR/SPCE, RuO₂/SPCE and RuO₂-GNR/SPCE with a scan rate of 50 mV/s.](image)

Analytical possibilities for ethanol detection

Under previously optimized experimental conditions, amperometric response for detection of different concentration of ethanol was tested with developed biosensor. Used potential was 0.6 V. It was found that proposed electrode has wide linear range from 1 to 1800 µM, with a limit of detection of 0.52 µM. Reproducibility of the 5 measurements of ethanol at the concentrations of 5, 100 and 500 µM was found to be 4.1 %, 3.1 % and 2.7 %, respectively. In addition, operating stability of the biosensor was tested by daily measurements of 150 µM of ethanol during 5 days. Decreasing of the response up to the 67 % was noticed. Amperometric response of ethanol was given in Figure 3.

![Fig. 3. Chronoamperometric responses of the ethanol](image)

Application of the developed biosensor for estimation of ethanol content in real samples was done. Results in good agreement with standard method and recovery tests show excellent correlation, indicating high precision and accuracy of the proposed method.

![Fig. 2. SEM image of RuO₂-GNR](image)

