# Development of Stable ISFETs for Salivary Nitrate to Acute Stress Monitoring

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#### Abstract:

We studied stable nitrate ion-selective field-effect transistors (ISFETs) to detect human salivary nitrate using direct potentiometry. We investigated several biocompatible polymer based nitrate ISFETs as polymer matrix material. The prepared NO<sub>3</sub>-ISFETs showed almost the theoretical Nernst response over 10<sup>-5.5</sup> M to 10<sup>-0.5</sup> M with a response time of less than a few seconds except for Tecoflex<sup>®</sup>. As we applied whole human saliva using direct potentiometry, we obtained good relationship with conventional ion chromatography in case of KP-13 based ISFETs. We will also introduce several acute stress subjects for healthy volunteers using wearable heart rate monitor and salivary nitrate by prototype of nitrate FET checkers.

Key words: nitrate ISFETs, polyurethane, whole saliva, single drop analysis, direct potentiometry

## Introduction

Stress is defined as the adaptive defense response against changes in the environment as the stress theory. The stress might be evaluated by measuring neurotransmitters in the brain and blood stress hormones. The invasive sampling becomes a very large stress stimulus, and therefore, acute stress cannot be evaluated especially for healthy persons. So, saliva has been attracting attention as an alternative blood sample.

We have carried out several R&D on single drop analysis for salivary stress marker candidates for ergonomics using microfluidics technology [1]. During the fundamental studies on the prototype of stress-sensing devices, such as electrophoretic microfluidics [2] and ISFETs for real saliva of healthy volunteers, we found salivary nitrate may be a biomarker candidate on the autonomic nervous system response to stressor [3].

We will first introduce stable NO<sub>3</sub>-ISFETs for salivary nitrate monitoring using biocompatible polymer matrix materials.

### **Experimental**

A nitrate-sensing material, nitrate salt of copper (I) bathocuproin (2,9-dibutyl-4,7-di-phenyl-1,10-phenanthroline) complex, was synthesized by the conventional solvent extraction method. A plasticizer, 2-nitrophenyldodecyether (NPDDE) was used for stable ISFET to improve the adhesion to gate material of ISFETs [4].

Several biocompatible polymers, calboxylated PVC, PVC-COOH and polyurethane, Tecoflex® were purchased from Aldrich-Sigma and KP-13 [5] was also used for biocompatible polymer as a matrix material.

To evaluate some nitrate-sensitive membranes precisely, nitrate ion-selective electrodes (ISEs) were prepared using an ISE kit (7900-0.65P; TOA-DKK Corp.). Prototype of FET nitrate checkers were prepared by casting the

tetrahydrofuran solution containing the several nitrate-sensitive polymer membrane materials onto the gate of ISFET device of a pocket-sized mV Meter (ISFETCOM Co. Ltd.) in the clean-bench as shown in Fig. 1.



Fig. 1. Photograph of prototype of nitrate checker.

Human saliva was collected using the sampling method with Salivette tubes (SARSTEDT AG & Co.) or metallic spoon. The saliva sampling experiments were approved by our Institutional Ethics Committee in our institute and informed consent was obtained from all subjects prior to their participation.

## Results and discussion

The prepared NO<sub>3</sub><sup>-</sup>-ISFETs showed stable sensor responses with almost Nernstian slope (*ca.* -59 mV per decade change) from 10<sup>-5.5</sup> M to 10<sup>-0.5</sup> M with almost Nernst slope were obtained except for Tecoflex<sup>®</sup>.

The stable nitrate-sensing membranes except for Tecoflex<sup>®</sup>, were evaluated using their corresponding ISEs precisely. The NO<sub>3</sub>-ISEs showed excellent stable Nernst response over one year with almost the same selectivity obeyed with the Hofmeister series as shown in Fig. 2. The prepared NO<sub>3</sub>-ISFETs based checkers showed almost the same sensor characteristics as the corresponding NO<sub>3</sub>-ISEs.

The prepared FET nitrate checkers showed fairly stable responses with a rapid response of less than some seconds and so we also applied the human whole saliva using simple metal spoon sampling. We obtained fairly good relationship of the absolute values between the direct potentiometry method and conventional ion chromatography as shown in Fig. 3.

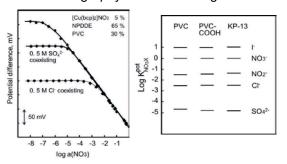
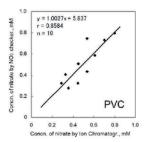


Fig. 2. Static sensor responses of several nitratesensing membranes using NO<sub>3</sub><sup>-</sup>-ISEs.



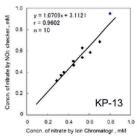


Fig. 3. Correlation between nitrate concentration between nitrate checker and ion chromatography in human whole saliva.

We will also introduce some scientific studies on the acute stress response mechanism of salivary nitrate as the results of simultaneous monitoring for healthy volunteers of several subjects using wearable heart rate monitor and prototype of salivary nitrate checkers [6-8].

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